

## **Physical Education Policy**

Board Approved: November 3, 2021

The Board Members and school leadership understand Health and Physical Education and Arts are a vital part of keeping learners fit, healthy, and well rounded.

iLEAD Hybrid draws on California's Health Education Content Standards, Physical Education Model Content Standards and Visual and Performing Content Standards.

These areas are incorporated into the core curriculum and projects, and learners also receive specialized instruction by artists and other professionals in residence.

The program lets parents and learners have more say in their own education. When learners choose to come into a studio they have access to facilitators, technology, arts and physical education.

Art as content (visual arts, dance, music, and theatre) rather than simply activity is emphasized.

Physical Education as content is also the focus (health, nutrition, sportsmanship, rules of the game and exercise). Learners in the high school, grades 9-12, are required to complete 2 years of P.E.

If a learner is working towards A-G or a Customized graduation path, two years of P.E. equals 20 credits.

